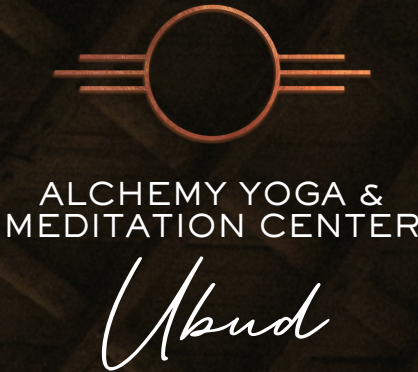


CLASS SCHEDULE

AUGUST 2025

*Subject to changes. Please check our website for schedule updates.
Students arriving more than 10 minutes late will not be able to join the class

Day	Time	Class
MONDAY	7:30 am - 8:30 am	power flow
	9:00 am - 10:30 am	water
	11:00 am - 12:00 pm	ether (meditation)
	12:30 pm - 1:30 pm	krama
	4:00 pm - 5:15 pm	yin
	6:00 pm - 7:15 pm	earth
TUESDAY	7:30 am - 8:30 am	power flow
	9:00 am - 10:30 am	water
	11:00 am - 12:00 pm	ether (meditation)
	12:30 pm - 1:30 pm	krama
	4:00 pm - 5:30 pm	water
	6:00 pm - 7:15 pm	slow flow
WEDNESDAY	7:30 am - 8:30 am	fire
	9:00 am - 10:30 am	earth
	11:00 am - 12:00 pm	ether (meditation)
	12:30 pm - 1:30 pm	krama
	4:00 pm - 5:30 pm	water
	6:00 pm - 7:15 pm	yin
THURSDAY	7:30 am - 8:30 am	fire
	9:00 am - 10:30 am	water
	11:00 am - 12:00 pm	ether (meditation)
	12:30 pm - 1:30 pm	krama
	4:00 pm - 5:30 pm	earth
	6:00 pm - 7:15 pm	yin
FRIDAY	7:30 am - 8:30 am	fire
	9:00 am - 10:30 am	earth
	11:00 am - 12:00 pm	ether (meditation)
	12:30 pm - 1:30 pm	krama
	4:00 pm - 5:30 pm	water
	6:00 pm - 7:15 pm	air
SATURDAY	7:30 am - 8:30 am	fire
	9:00 am - 10:30 am	water
	11:00 am - 12:00 pm	krama
	12:30 pm - 1:30 pm	ether (meditation)
	4:00 pm - 5:15 pm	air
SUNDAY	7:30 am - 8:30 am	fire
	9:00 am - 10:30 am	water
	10:00 am - 11:30 am	earth
	11:00 am - 12:00 pm	krama
	12:30 pm - 1:30 pm	ether (meditation)
	4:00 pm - 5:15 pm	yin



Prices

110 K
Drop-in Class
with KITAS / Local

165 K
Drop-in Class

650 K
5-Class Pass
valid for 2 weeks

1.200 K
10-Class Pass
valid for 1 month

2.000 K
20-Class Pass
valid for 2 months

2.400 K
30 Days Unlimited

* Air, Krama, Earth, Yin, Slow Flow: suitable for beginners.

scan to book
your classes
at our website

